

圣安德鲁斯和“五王国”的小渔村

古老的“五王国”之所以被这样称呼，是因为直到今天它仍保留了前苏格兰、前古罗马和谎言王国以前的边境。传说“五王国”是这样形成的，皮克(Pictish)国王把他的遗产分给他的五个儿子，于是整个大王国被分成了五个小王国。

如果你热爱历史，想从苏格兰的角度了解一下英国历史的话，那么你来这儿旅游就算来对了。

离开爱丁堡后，我们的第一站是古老的港口城市南女王渡。从这儿，我们能看见著名的福斯桥上的美丽风景。然后，我们穿过福斯河上的路桥，进入“五王国”。在邓弗姆林(Dunfermline)，我们将做一短暂停留，瞻仰一下罗伯特·布鲁斯国王的墓地和威廉·华莱士母亲的墓地。

然后，我们继续前行，穿过“五王国”东边的岬角East 纽克(Neuk)。这儿曾被称作是苏格兰国王的“乞丐袍子上的金穗”，指的是这一带地区比苏格兰王国的其他地区都要富裕兴旺。沿着海边行驶，一路经过了许多紧邻着大海的小渔村。不少渔村的渔民现在仍以捕鱼为生。开车的司机也许会找几个他们最喜欢的小渔村与你一起分享渔村的美妙，会指给你看那些渔民住的小屋，和安全的避风港。它们一直是艺术家和电影制片人获得灵感的源泉。街道是那么狭窄，你会对公共汽车是怎样开进这些小村子的觉得惊讶。古老的教堂，如圣Monans教堂，紧挨着大海，海浪轻拍着墓地的围墙。在海滩上你走过有岩石的水洼时，你可能会看到鸬兹和蛎蚶等海鸟飞来飞去。在克雷(Craik)村停车时，你可以购买村里出产的陶器；夏季的话，你还有可能欣赏到Elie & Earlsferry两个姐妹村在广阔沙滩上举行的当地酒馆板球队比赛。

绕纽克(Neuk)一圈后，我们驱车驶进古老的朝圣之城圣安德鲁斯。耶稣的门徒圣安德鲁斯的骨灰由圣瑞格勒(St Regulus)或圣如勒(St Rule)运到这儿埋葬。这儿的大教堂吸引着数以千计的朝圣者。16世纪的宗教改革运动发生在圣安德鲁斯，焚烧、处决犯人、暴动以及屠杀在圣安德鲁斯的大街小巷都发生过。城堡有中世纪留下来的独具风格的地下矿坑，是16世纪城堡被围攻时被挖掘的。大教堂的遗址俯瞰着整个老城。圣安德鲁斯大学也是苏格兰最古老的大学。未来的国王、查尔斯王子和戴安娜王妃的儿子威廉王

子目前正在该校读书。最值得一提的是，圣安德鲁斯是高尔夫的发源地，最有名的老场地紧邻着景色壮观的海滩，电影《烈火战车》就是在这附近拍摄的。离开圣安德鲁斯后，我们来到了五王国的中心地区。在这里，洛蒙山在古老的福克兰（Burgh of Falkland）隐约可见。在这个保存完整的美丽乡村，斯图特家族即中世纪苏格兰的国王和王后为他们自己建造了皇家狩猎小屋，后来它们发展为气势宏伟的文艺复兴式的宫殿。苏格兰女王玛丽喜欢在这儿消磨时光，经常在这儿打皇家或真正的网球。小城以这个宫殿为中心向外围扩展，城市建筑风格独特，是苏格兰这片土地上的建筑奇迹。有时间参观宫殿的话，你可以绕着小城的大街小巷散散步，也许到一家老酒店坐一会，喝几杯威士忌酒。离开小镇，我们开车进入洛蒙山的中心地区，经过现在已被列为自然保护区的来文湖（Leven），在湖中小岛上那已成为废墟的城堡里，苏格兰女王玛丽曾被囚禁了一年，因为在1567年时她纵容苏格兰贵族造反。沿着湖边驱车前行时，你可以看见湖中的小岛，岛上美丽的风景与有关女王囚禁的阴郁沉思使你一时浮想联翩。时间充分的话，我们会在回首府的路上在雄伟的福斯桥上摄影留念。

ST ANDREWS & THE VILLAGES OF FIFE

The ancient '**Kingdom of Fife**', so called because it still retains approximately the same borders as the pre-Scots, pre-Roman, kingdom of **Fib**. Said to have been formed when the five sons of the Pictish king took their shares of their inheritance, subdividing the kingdom into five lesser kingdoms.

If you love history and want to see a different side to Scotland then this is the tour for you.

Our first stop after leaving **Edinburgh** is the old sea port of **South Queensferry**, where we get the best view of the famous **Forth Bridges**. We then cross over the Firth of Forth on the Road Bridge and into the Kingdom of Fife itself. Here we make a quick stop at **邓弗姆林(Dunfermline)**, burial place of King Robert the Bruce and the mother of William Wallace.

We then continue through the '**East 纽克 (Neuk)**' (eastern corner) of **Fife**, once described a Scottish King as "**The Golden Fringe on a Beggar's Mantle**", alluding to its prosperity compared to the rest of his Kingdom, and follow the coastal route which takes us through the fishing villages – many of them still working today - which hug the coastline. Your driver will pick their favourite villages to share with you and will show you the tiny fishermen's cottages and safe harbours that have long been a source of inspiration for artists and for movie-makers alike. The streets are so narrow you will wonder at how the bus goes through them! Ancient kirks (churches), such as **St Monans**, are perched so close to the sea that the waves lap against the graveyard walls. As you walk down to the rocky pools on the beach,

cormorants and oystercatchers are just some of the birds you'll probably see. A stop at the village of **Crail** could be a chance to buy something from the village pottery, or will it be the twin villages of **Elie & Earlsferry** where the local pub team plays cricket in the summer on the wide, sandy beach? Continuing round the 纽克 (**Neuk**) we'll head for the ancient pilgrimage town of **St Andrews**. It was here that the bones of Jesus' disciple, **St Andrew**, were brought by **St Regulus** or **St Rule**, and a great Cathedral was built to impress the thousands of pilgrims. It was here in **St Andrews** that the violent actions of the **Reformation** were acted out. Burnings, executions, riots and murders haunt the streets of **St Andrews**. The castle has unique medieval underground mines, dug out in the 16th century when the castle was under siege. The ruins of the Cathedral dominate the old town, which also has the oldest University in Scotland. **Prince William**, future king and son of **Prince Charles** and **Princess Diana** is currently a student. Above all, though, **St Andrews** is the home of golf and has the famous **Old Course** running close to the spectacular beach where the film *Chariots of Fire* was filmed.

After our stay in **St Andrews** we continue into central Fife, where the **Lomond Hills** loom over the ancient **Royal Burgh of Falkland**. Here in this beautifully-preserved village, the **Stuarts** - the kings and queens of medieval Scotland - built themselves a grand hunting lodge which developed into a magnificent Renaissance palace. **Mary, Queen of Scots** loved to spend time here, often playing the game of **Royal** or **Real Tennis**. The town grew around the Palace and is one of the architectural wonders of Scotland. There will be time to visit the Palace, just enjoy a walk round the streets and maybe enjoy a wee dram of whisky in one of its old pubs.

From here we drive through the heart of the **Lomond Hills**, passing **Loch Leven**, now a nature reserve but also home to an island in whose now-ruined castle **Mary, Queen of Scots** was imprisoned for a year at the pleasure of her rebellious Scottish nobles, in 1567. As we drive along the edge of the loch the island can be seen and the beauty of the place is mixed with sombre thoughts of Mary's miserable incarceration. Time permitting; we'll pause between the mighty **Forth Bridges** for a photo stop on our way back into the Capital.